

***TWILIGHT LECTURES 2021: Term 1***  
**7.30-18.45**

**Cost: NO COST FOR TOBIAS STUDENTS**

**£5 for Visitors (or £3 for External Students)**

- 04 Oct 2021: **Who is Rudolf Steiner?**  
[Steve Briault](#)
- 18 Oct 2021: **The 3- Fold Human Being**  
[Steve Briault](#)
- 8 Nov 2021: **Heartmath: A practice that initiates  
Heart Brain Coherence**  
[Aya Husni Bey](#)
- 15 Nov 2021: **Transforming Trauma in young  
people**  
[Chandvi Shah](#)
- 6 Dec 2021: **Graduate Talk**  
[Joanna Coghill](#)