

BOOKING FORM For Summer Courses 2020

A £60 non-refundable deposit per course is required with this booking.

Name:

Address:

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Telephone:

Email:

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Title of course(s) you wish to attend:

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I will / will not require self catering student hostel accommodation.

I will / will not be camping in my own tent.

How did you initially hear about this course?

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Practical Details

Tuition

For costs see individual course description

Accommodation

£85 per week / £22 per night in self catering student accommodation. Limited availability.

£35 per week camping in own tent.

Nearby hotel and B&B list available upon request.

Registration

Registration for all courses commences half hour prior to the start of the course.

Should Tobias have to cancel a course you will be contacted to ask if you wish to transfer to another course or receive a full refund.

TOBIAS

SCHOOL OF ART & THERAPY

Summer Courses

2020

www.tobiasart.org

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East Grinstead,
West Sussex,
RH19 4LZ

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Tel: +44 (0) 1342 313655



Stone Carving Course – revealing the beauty within the stone

With Maria Albiez

10am-4pm

Monday 13 - Thursday 16 July 2020

Cost: £220.00

In this practical workshop you will create your own artwork in soapstone and/or Zimbabwean stone whilst learning carving techniques along the way. No previous experience is necessary.

Maria Albiez, RATH, Art Therapist and Sculptor. She is a Faculty member at Tobias School of Art and Therapy.

Exploring the Senses Through Art – when we don't need to talk

With Michelle Redgrave-Moore

10am-4pm

Saturday 18 - Sunday 19 July 2020

Cost: £120.00

Sensory perception forms the basis of your relationship with yourself, your surroundings and the people around you. We will use a variety of art media and techniques to explore our senses in a holistic way, such as felting, touch drawing, painting to music, etc. This workshop may be of interest to those working in care or therapeutically with children, special needs and the elderly. No previous artistic experience is required for you to learn and adapt ideas for the area in which you're working or caring for someone.

Michelle is a Qualified Therapeutic Arts Counsellor & Creative Arts Facilitator working with children and adults and passionate about making creativity accessible in her community.

Painting Poetry – exploring the Poetic Continent

With Richard Heys

10am-4pm:

Monday 20 - Thursday 23 July 2020

Cost: £220.00

Each of us has an immense interior – a little world. This has recently been named as the 'Poetic Continent'. Poetry and painting are ways to nourish our inner worlds. Come and allow poetry to open the door to the Poetic Continent and explore your inner colours. All abilities welcome!

'The inner – what is it?

If not intensified sky,

hurled through with birds and deep

with the winds of homecoming.' (R. M. Rilke)

Richard Heys, creates paintings with presence and is addicted to colour. He has been a visiting teacher at Tobias & Emerson College for many years.

Expressive Portrait Painting – who is behind the face?

With Helen Vallantine

10am-4pm:

Friday 24 - Sunday 26 July 2020

Cost: £170.00

This workshop will provide an opportunity to explore portrait painting in an expressive way using oil paint. We will work on canvases providing the scope for experimental mark making. Starting with a true likeness of the portrait you have chosen you will then be encouraged to explore and discover fresh and potentially liberating ways of applying paint and using colour. All abilities welcome!

Helen currently runs painting and drawing classes and practises arts in therapy for Street Talk and in a local school.

Whose Story Is It Anyway? – How to work with Story Therapeutically CPD

With Asta Jakobsdottir

10am-4pm:

Monday 27 - Wednesday 29 July 2020

Cost: £170.00

We all know a story. We ourselves are all bundles of stories whether it be the stories of our innermost experiences, our parents, land, folklore or other. During this course we explore the magic and revelations of stories in images. These images may lead to other stories being born and told. This may allow therapeutic access to another more subconscious level of understanding stories, even the ones we already know. This course is for therapists and other professionals working with clients.

Asta Jakbosdottir is a graduate of Tobias School of Art and Therapy, arts counsellor, massage therapist and tutor.

For more details about Tobias School of Art and Therapy and our courses visit our website

www.tobiasart.org

