BOOKING FORM
For Summer Courses 2019

A £60 non-refundable deposit per course is required with this booking.

Name: .....

Address: .....

.....

.....

Telephone: .....

Email: .....

Title of course(s) you wish to attend:

.....

.....

.....

I will / will not require self catering student hostel accommodation.
From £85 per week

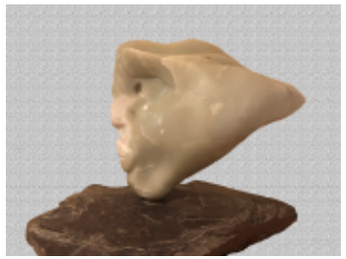
I will / will not be camping in my own tent.
£35 per week.

How did you initially hear about this course?

.....

Registration for all courses commences half hour prior to the start of the course.

Should Tobias have to cancel a course you will be contacted to ask if you wish to transfer to another course or receive a full refund.



Uncovering the Form in the Stone
Led by Maria Albiez
15th - 18th July 2019

Therapeutic Photography
Led by Sisi Burn
20th - 21st July 2019

The Colour of Memory
Led by Richard Heys
22nd - 25th July 2019

Renewal Weekend for Graduates of Tobias
Led by Gill David
26th - 28th July 2019

Wearing the Red Shoes
CPD
Led by Anna Atkinson
29th -31st July 2019

City & Guilds Approved Centre

SIS School Inspection Service

TOBIAS
SCHOOL OF ART & THERAPY

Summer Courses 2019

www.tobiasart.org
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info@tobiasart.org | +44 (0) 1342 313655
Charity Trust No. 1098710

Uncovering the Form in the Stone

With Maria Albiez
10am-4pm
Monday 15 - Thursday 18 July 2019
Cost: £200.00

In this practical workshop you will practice basic stone carving techniques whilst creating your own artwork in soapstone. To help develop creativity and competences, personal and group observation of each others' artwork will be undertaken, along with short lectures on the use of stone throughout art history.

Maria Albiez, RATh, Art Therapist and Sculptor. She is a Faculty member at Tobias School of Art and Therapy.

Explore the Therapeutic Benefits of Phototherapy and Therapeutic Photography Techniques

With Sisi Burn
10am-4pm:
Saturday 20 - Sunday 21 July 2019
Cost: £100.00

Join us to experience how using a camera or mobile phone camera can be used as a therapeutic tool. We will be taking and viewing images of ourselves to explore identity using a mindful approach to photographing the world around us. Using the technique of Talking Picture Cards we will consider our emotional responses

Sisi has been a professional photographer for 25 years. During her training at Tobias she has explored the therapeutic uses of photography within her own work and more recently with clients with mental health issues.

The Colour of Memory

With Richard Heys
9:30am-4pm:
Monday 22 - Thursday 25 July 2019
Cost: £200.00

Working with the warmth of gouache we shall layer and build networks and structures through veils of colour. By slowly developing these colour fields an in-scape or inner landscape may arise. We will nurture this unique sense of place bringing it to greater clarity by intensifying and enriching the colour fields and developing contrasting strength of tone.
We shall work with Chinese Hake brushes and fluid colours.

Richard Heys, artist, is based in East Sussex. He tutors art and art history at Emerson College, Tobias School of Art and Therapy, and in London.

Renewal Weekend for Graduates of Tobias:
Mars and Mercury as Inspiration for Empathy, Reverence and Grace

With Gillian David, Maria Albiez and Visiting Specialist Tutors
Fri & Sat 10am-5pm; Sun 10am-4pm
Friday 26 - Sunday 28 July 2019
Cost: £180.00

Graduates are invited to join us for an exploration of our therapeutic work. We will work together to search for a new kind of reverence to provide a sacred space in the here and now. Through painting and modelling we will seek inspiration from Mars and Mercury forces inspired by the capitals and imagery from the First Goetheanum.
A short coaching session for BACP registration will be included.
Lunch will be provided each day with a special Tobias School 40th Anniversary Celebratory lunch on Sunday.

Gill David RATh Gill is the Director of training at the Tobias School of Art & Therapy and works as an art therapist in schools. She is also a registered supervisor to art and play therapists

Maria Albiez RATh, Art Therapist and Sculptor. She is a Faculty member at Tobias School of Art and Therapy.

Wearing the Red Shoes - How to work with Trauma Creatively. CPD

With Anna Atkinson
10:00am-4pm:
Monday 29 - Wednesday 31 July 2019
Cost: £150.00

This workshop will show how working with fairy tales like 'The Red Shoes' can tackle trauma creatively. Themes explored include trauma self-harm, shame, addiction and isolation. Through art, movement, writing and voice we will weave together both collective and personal narratives so that they can become a safe vessel for traumatic content without the risk of re-traumatisation.

Anna Atkinson, a graduate of Tobias, has been working with myth, storytelling and art in crisis settings for over six years.