

## BOOKING FORM For Summer Courses 2018

A £60 non-refundable deposit per course is required with this booking.

Name: .....

Address: .....

.....

.....

Telephone: .....

Email: .....

Title of course(s) you wish to attend:

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.....

I will / will not require self catering student  
hostel accommodation.  
From £70 per week /£15 per night.

I will / will not be camping in my own tent.  
£35 per week.

How did you initially hear about this course?

.....

Registration for all courses commences half  
hour prior to the start of the course.

Should Tobias have to cancel a course you will be contacted to ask if  
you wish to transfer to another course or receive a full refund.

# TOBIAS

SCHOOL OF ART & THERAPY

## Summer Courses 2018

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Charity Trust No. 1098710



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## There's something about Peach Blossom Led by Gillian David

9-12 July 2018 10am – 4pm, cost £220

Leave the speed and hubbub of daily life to dwell fully in the present moment through the mindful technique of veil painting. The patient and meditative quality of layering translucent water colour creates a holding and breathing space.

We will find more than a colour akin to the blossoms of the peach tree. By closing the colours either side of the rainbow, the ultraviolet and the infrared, we will overlap and unify these mysterious colours that disappear into the darkness.

Through this process we will open up a new awareness of how the spiritual enters the physical with potential for therapeutic value.

(Maximum 12 participants)

Gill is a registered Art Therapist and Clinical Supervisor of play and art therapists. Gill joined Tobias in 1990 and since 1993 she has been the director of the Transpersonal Arts in Therapy training and has been intensely involved in course accreditation and development.

## Bringing Shame into the Open. Led by Marion Green

14 & 15 July 2018 10am – 4pm, cost £110

What is the role and impact of shame and how do we try to mask it? How is it used in different societies? Can it shape a life or a nation? Is there such a phenomenon as intergenerational shame? How does shame appear in the dynamic in the therapy room? How does it shape the relationship between client and therapist and how can we work with it to enable the authentic self to emerge?

We will use art materials, masks, words and movement over the weekend. No artistic experience is necessary.

This course is designed for therapeutic practitioners.

CPD Certificate Available

Marion Green HCPC Registered Art Psychotherapist and Social Worker. Marion's art therapy practise and experience has been in prisons, NHS, with sex workers, traumatised adolescents, the chronically sick and dying, veterans; in adult acute and intensive psychiatric care and with offenders in the community.

## Oil Painting from the Model, Nature and the Imagination

Led by Lily Corbett

16, 17 & 18 July 2018 10am – 4pm, cost £165

These themes are explored using techniques including tonality, mark making, looking at the Golden Mean in composition and colour harmony. With some music and movement and working swiftly in oils on gessoed paper, participants paint a series of sketches in contact with 'the flow'. An extended painting study will complete each day. Suitable for anybody with a desire to learn more about working with oils. No experience is necessary.

Lily Corbett M. A. studied with the visionary artist Cecil Collins from 1976 - 1989. Her teaching stems from these studies as well as her study and teaching at The Princes School of Traditional Arts

## Warmth - Humour - Playfulness Connecting with the Child Creatively.

Led by Anni D'Agostino

23-27 July 2017, 10am – 4pm, cost £275

In this course we will explore therapeutic creative responses that can help children and young people for whom Autism, anxiety, ADHD etc. are creating barriers to communication and engagement.

We will draw, paint and clay model to explore how they help to open up imagination, expression and the creation of therapeutic stories.

Having practiced for many years as a Therapeutic Arts Practitioner in a school for children and young people with special needs, Anni will draw on her experience and also plans to work interactively with questions you might wish to share. You will leave with added therapeutic tools in your bag.

Suitable for therapeutic practitioners who work with children and young people.

CPD Certificate Available

Anni D'Agostino, Dip. Art Therapy from Tobias School of Art & Therapy. CAHSC reg. Since graduating she has worked full time as a Practitioner at Camphill School Aberdeen. She has regularly taught and tutored Tobias students and BA Students from CSA.